



# January 2020

## Noor - GSRP Breakfast

1:06:40 PM  
 Wednesday, January 8, 2020  
 Pre-K 1  
 10039 /

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 *Closed*	2 *Closed*	3 *Closed*
6 Kix Cereal (14) Applesauce Cup 4oz (22) Milk Choice 8oz	7 Soft Filled Bread Fresh Fruit (22) Milk Choice 8oz	8 Yogurt 4 oz (16) Scooby Doo Grahams WG (21) Banana 1 ea (34) Milk Choice 8oz	9 Cereal WG Apple Slices 1pkg 1/2c (7) Milk Choice 8oz	10 Corn Bread Loaf 2oz WG IW (28) Fresh Fruit (22) Milk Choice 8oz
13 Cheerios WG Cereal (20) Applesauce Cup 4oz (22) Milk Choice 8oz	14 Banana Bread Slice 2oz ER Fresh Fruit (22) Milk Choice 8oz	15 Yogurt 4 oz (16) Scooby Doo Grahams WG (21) Banana 1 ea (34) Milk Choice 8oz	16 Cheese Stick 1 oz (1) Apple Slices 1pkg 1/2c (7) Milk Choice 8oz	17 Soft Filled Bread Fresh Fruit (22) Milk Choice 8oz
20 *Closed*	21 Blueberry Muffin WG IW 2oz Fresh Fruit (22) Milk Choice 8oz	22 Yogurt 4 oz (16) Banana 1 ea (34) Grahams Minis WG (24) Milk Choice 8oz	23 Cottage Cheese 3 oz (5) Diced Peaches 1/2 c (19) Milk Choice 8oz	24 Strawberry Cream Cheese (1) Thin Bun WG Fresh Fruit (22) Milk Choice 8oz
27 Cheerios WG Cereal (20) Applesauce Cup 4oz (22) Milk Choice 8oz	28 Banana Muffin WG IW 2oz Fresh Fruit (22) Milk Choice 8oz	29 Yogurt 4 oz (16) Banana 1 ea (34) Grahams Minis WG (24) Milk Choice 8oz	30 Cereal WG Apple Slices 1pkg 1/2c (7) Milk Choice 8oz	31 Bagels Mini, Cinnamon WG Fresh Fruit (22) Milk Choice 8oz

Carb Counts  
 included in  
 parenthesis ( )  
 for each item

\* Carb counts are estimated based on nutrition labels from the manufacturer and USDA data

Milk Carbs:  
 Fat Free White Milk 1/2 Pint (Purple)(12)  
 Whole White Milk 1/2 Pint (Red)(12)

\*(V) indicates a vegetarian entree

This institution is an equal opportunity provider.